

HRA

Health Risk Appraisal



Discover the factors that affect employee's health through a quick survey designed to identify risk.

Health Risk Appraisal

A Health Risk Appraisal is one of the essential building blocks of a comprehensive wellness program. The Kersh Risk Management "Health Risk Appraisal" was designed to assess the overall health of an individual by looking at the causes, distribution, and control of disease in populations. The HRA contains questions derived from reviewing years of research on lifestyle modifiable illnesses and potential risks that individuals may be exposed to through their environment.

The user will be asked questions from various categories including: heart health, physical activity, family medical history, personal health, male and female preventative health, medical history, nutrition, and occupational health and safety. The user's responses from the HRA are combined with their biometric testing results in order to assess the individual's current risk status.

The end result is a Personal Health Manager Report designed to identify areas of concern of the individual, and to make suggestions for lifestyle and clinical interventions.